

Information for participants in SAIL Social Groups

The purpose of these groups are for autistic teens (approx aged 11-18), young adults (approx aged 16-25), and their parent/carers to access social opportunities and support.

There are two Teen Groups meeting on alternate Mondays, 7pm until 9pm.

The Young Adult group (23 - 29) meets every Wednesday, 7:00 pm until 9 pm. The Young Adult group (18 - 22) meets every Thursday, 7:00 pm until 9 pm.

However, participants can come and go as suits them within these times.

We aim to provide an opportunity to meet with peer groups and their families, and to create an environment in which a person's ASD should not be seen as a problem but as part of their personality.

Our groups are held within the SLC ARCH building, Reid Street, Hamilton ML3 ORQ. We also have occasional outings and trips.

We welcome input from our young people and their parent/carers regarding activities the groups undertake. Please feel free to make suggestions.

We are a self-funding charity, which is run entirely by volunteers, most of whom care for someone with ASD. We are always looking for more supporters and if you feel you could help in any way, however small please let us know. The more help we have the more we can do.



Group Guidelines

In order to enable group users to feel secure and comfortable within the group, some consideration needs to be given to how we as participants and facilitators/volunteers, behave towards each other during the time we are together.

The following guidelines aim to help group attendees to understand what is expected from them and what to expect from the group. This will help to ensure everyone involved feels comfortable and safe within the group at all times.

- 1. The group will meet for a fixed period of time. Participants must not arrive earlier than the advertised start time as facilitators need time to open the building safely and set up activities. Participants must vacate the building at the advertised finish time, again to allow facilitators time to clear up.
- 2. Group participants should be patient and considerate to others in the group. A balance between expressing views and listening to others' views should be sought. Each participant will be given the opportunity to suggest activities or ideas for the group.
- 3. Verbal or physical aggression or any other inappropriate behaviour towards other group participants, the public or facilitators/volunteers will not be tolerated.
- 4. Rude, personal or pre-judicial comments (e.g. related to race, sex, gender, religion, etc) to other group participants, the public or facilitators/volunteers will not be tolerated.
- 5. We must respect the property of others and respect those around us wherever the group is being held.
- 6. Participants/carers will not drink alcohol or consume illegal substances while within the group or any premises being used to facilitate the group.
- 7. Participants must agree not to take part in behaviours that are illegal or anti-social. If members act in an illegal or anti-social way, they will be suspended or expelled from the group.



- 8. Individuals/carers are responsible for their own behaviour, safety and wellbeing at all times. SAIL Autism volunteers are not responsible for group users.
- 9. Participants not adhering to the rules will be given a verbal warning, and if they do not comply they will be asked to leave the group.
- 10. New participants are invited to join the group on a trial basis of 4 sessions, and if this is successful they can become full participants.
- 11. We ask that participants should take part in at least one fundraising activity per annum. This is a condition of being a part of the group and assists us to fund the groups.
- 12. Payment for trips and outings must be paid as specified at time of booking. Deposits are non-refundable.
- 13. Participants who fail to attend 4 sessions may be removed from the group to give another family the chance to access the group. We generally have a waiting list.



Applicant Contact Details				
Name				
Address				
Post Code	Telephone			
Email		Date of Birth		
Which Group Are You Interested In				
Teen Group	Young Adult (18+)	Young Adult (22+)		
Parent/Carers Contact Details				
Name				
Hame				
Address				
	Telephone			



About The Person With Autism					
Do You Have an ASD Diagnosis?	Yes	No	Awaiting/Seekir	ng	
Please Provide Details of your diagnosis					
Do you have any other diagnosis of (For Example, asthma, epilepsy, al		hould know ab	out?		
What are you interests and hobbies? (This can help us plan activities)					
What School or College do you go to?					
Is it Mainstream		Unit		Other	
And Full Time		Part Time		Other	



The Small Print

- Please be aware that completion of this form does not guarantee a place on our social groups. We try to accommodate as many young people as we can but we have a maximum number who can attend at any given time.
- If we have no places currently available to you we will place your name on a waiting list should you wish.
- Please read our social group rules and guidelines and ensure both attendee and any parent/carer attending
 with them fully understands and is able to comply with these before accepting an offer of a place in one of
 our groups.
- A parent/carer must accompany the participant at all times, this is not a drop off social group.

Any questions or concerns should be referred by email to the contact given at the bottom of this document.

Privacy

Sail Autism:

- is committed to processing data in accordance with its responsibilities under the GDPR.
- shall take reasonable steps to ensure personal data is accurate and up to date.
- shall ensure that personal data is stored securely using modern software that is kept-up-to-date.
- Shall ensure access to personal data shall be limited to personnel who need access
- Personal data will only be shared with other organisations on the basis for providing additional support.
- Our full privacy policy is available here: http://www.sailautism.org.uk/privacy-policy-general/

Please tick here to indicate your acceptance of sail autism storing your details on our database for the purposes indicated in our privacy policy. You may also opt-out at any time by emailing us at mail@sailautism.org.uk



We have read all sections of this document.

Participant & Parent/Carers Agreement

Information	
Group Guidelines	
Application Form	
The Small Print	
Privacy	
Photography Consent	
I acknowledge SAIL social groups rules and guidelines ar participating in this group or any other SAIL activities.	d I will adhere to them when I am
	d I will adhere to them when I am
participating in this group or any other SAIL activities.	d I will adhere to them when I am
participating in this group or any other SAIL activities. Participants Name	



Photography Consent Form

We are always working to raise the profile of our charity, and autism as a condition, so that we can reach out to more people across Lanarkshire.

In order to do this, we require photographs and videos that can be used in our press, social media and on our website.

We may take photos or videos within our group events for this purpose.

If you prefer photos or videos of yourself not to be used for this purpose, please let us know so that we can remove these images from our stock.

Unless we receive a written request from you we will assume you do not mind your photographs being used and will assume consent.

I give/do not give permission for myself or young person I am responsible for to have photographs or videos taken during SAIL social group and other activities I take part in

Permisson				
Participants Name				
Participants/Parent/Carer Signature	Date			